



Deborah S. Krueger

The Gratitude Messenger

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Deborah S. Krueger is a Motivational Speaker, Gratitude Tutor, Certified Trainer, and Author who lives in San Luis Obispo, California.

Deborah discovered the “power of gratitude” while overcoming life-challenging circumstances. She has shared what she learned in two engaging and instructive books — one for adults and one for children.

Starting with a simple game of finding small things to be thankful for rather than sinking into ever darker emotions, she formulated her first book, "**LET'S PLAY GRATITUDE! With Life's Sticky Issues.**" This small but powerful book introduces readers of all ages to a process that enables them to find their own way out of difficult personal situations: “life’s sticky issues.”

As Deborah was writing her first book, she came to realize that kids today are facing some of the same challenges as adults, both at home and at school. This inspired Deborah to write her second book, "**The Red Pencil, a Dragon's Tooth, & the Lost Treasure! A Gratitude Club Adventure.**" This book, targeting middle-school age readers, follows three new school friends on their own discovery of the “power of gratitude.” They also learn to empower themselves with a simple technique to better cope with, and manage, challenging situations like bullying.

Both books have received positive reviews from educators and readers, and are now available from Amazon.

In the course of formulating and sharing her unique approach to overcoming adversity, Deborah has become a motivational speaker and ‘gratitude’ tutor. She has made presentations for organizations such as the U.S. Army, U.S. Air Force, Alzheimer's Foundation, American Cancer Society, and Veteran's groups. Local organizations include Parks and Recreation, CACSB, and the Wilshire Foundation SLO County. She has also tutored individuals and parents to work through their “sticky issues.”

In addition, Deborah has shared her positive vision for a better world with her community, by hosting her Holistic Health Faire in San Luis Obispo, CA. Testimonials received from the 35 participants she recruited were evidence of the Faire's success.

In 2010, a 30-day “LET'S PLAY GRATITUDE!” book promotion resulted in 500 books being sent to SIX continents! The emails she received over the years were inspiring!

Deborah continues to write, produce motivational videos and spread the gratitude message, hoping that all who find themselves in challenging circumstances will have the “power of gratitude” at their fingertips.

For more information, visit www.deborahkrueger.com or contact Deborah at deborah@deborahkrueger.com.